



*Last update: 8/5/26

To submit meeting information updates for this document, contact: sunnyw.cany@gmail.com. Meeting information changes also need to be updated on the World Service website, by going to [aa.org](https://www.aa.org) and following the prompts.

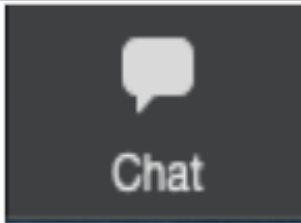
WEEKLY IN PERSON MEETINGS

Day	Time	Meeting Name	Meeting Location	Topic	Meeting Notes	Meeting Contact	Intergroup Rep	OA.org Registered Meeting #	Term of Service
Monday	7:15AM - 8:00AM	Upper East Side	St. Catherine's of Sienna 411 East 68th St. (1st floor)	Relapse & Recovery		Alex L. 917-374-7911	Teresa C.	# 27079	
Monday	1:00PM - 2:00PM	Just OA	The LGBT+ Community Center 208 West 13th Street, Btwn Greenwich & 7th Ave	For Today		Tim B. 212-741-9866		#48421	
Monday	2:30PM-3:30PM	Brooklyn Highlawn Library	Highlawn Library 1654 West 13th St, Brooklyn, NY 11223	Literature	Closed Meeting.	Maria P. 917-770-1536		#38445	
Monday	6:00PM - 7:15PM	Monday Night at St. Catherine's	St. Catherine's of Sienna 411 East 68th St. (2nd floor) Enter through iron gate	Literature Meeting		Megan L. 212-203-7256	Yvonne H	#57693	9/1/2023
Monday	6:30PM - 7:45PM	Men's Meeting	Church of St Mary the Virgin: 133 W 46 St, 2nd Floor (Buzzer 3)	Men's Focus	This in-person meeting is in addition to the men's Monday zoom meeting. Meeting is not held on federal holidays as the Church is closed.	Bill S. 917-940-1955	Frank D	# 57366	6/1/2024
Tuesday	7:15AM - 8:00AM	Upper East Side	St. Catherine's of Sienna 411 East 68th St. (1st floor)	The Promises		Angela F. 201-519-4794	Teresa C	# 45176	
Tuesday	1:00PM - 2:00PM	Washington Heights OA	Our Saviour's Almonement Lutheran Church, 178 Bennett Avenue, Washington Heights, Cross street 189 St. Meet in the Lorenz Chapel, enter the front door and make two rights.	Big Book and AA Study		Elaine S. 909 908-7069		#802196	
Tuesday	6:00PM - 7:00PM	Focus on Literature	All Angels Church, 251 West 80 St., NYC, between Broadway and West End Avenue	Literature	Meeting is in the basement and is not wheelchair accessible.	Harold F. 917-841-4406		#58137	
Tuesday	6:30PM-7:30PM	Fellowship of the Sun	First Unitarian Church, 50 Monroe Place, Brooklyn, NY. Meets downstairs in the undercroft, follow signs.	Meditation, Literature, & Writing		Kate N. 917-609-8872		#51434	
Wednesday	7:15AM - 8:00AM	Upper East Side	St. Catherine's of Sienna 411 East 68th St. (1st floor)	The Steps		Lisa A (917) 538-5564	Teresa C	# 31422	
Wednesday	12:15PM - 1:15PM	Afternoon Big Book Meeting at The Center	The LGBT+ Community Center 208 West 13th Street, Btwn Greenwich & 7th Ave, Room 305	This is a literature mtg focusing on the Big Book of AA.	Open meeting; all are welcome.	Irene K 917-495-5248	Irene K	#47998	
Wednesday	8:00PM - 9:00PM	Wednesday Night OA Meeting (Formerly Crown Heights)	Next Steps Community Church, 360 Schermerhorn St, enter on Third Avenue side.			Chaya 646-262-9522		#58035	
Thursday	7:15AM - 8:00AM	Upper East Side	St. Catherine's of Sienna 411 East 68th St. (1st floor)	Big Book		Angela F. (201) 519-4794	Teresa C	# 26412	
Thursday	6:00PM - 7:15PM	Thursday 6pm Literature Meeting	Jewish Center 131 West 86th Street 7th floor		Rotating OA and AA literature	Debbie H. (917) 371-0303	Brenda V	#57697	
Friday	7:15AM - 8:00AM	Upper East Side	St. Catherine's of Sienna 411 East 68th St. (1st floor)			Roz P (347) 712-0390	Teresa C	# 54345	
Friday	6:00PM - 7:00PM	OA Recovery	The LGBT+ Community Center 208 West 13th Street Btwn Greenwich & 7th Avenues	Rotating format: Speaker Literature: "Seeking the	Closed meeting (All OA Members Welcome), not open to research or case study.	David W 917-860-0896	Paco P	#57360	
Saturday	10:30AM - 11:30AM	Abstinence Nook	Redeemer Center Building Church of the Redeemer 30-14 Cresent St, Astoria, NY 11102	Rotating format. Different literature on weeks 1-3, and a qualification on the fourth week.	New location inside the Redeemer Center building of the church. Entrance is on Crescent Street through the glass doors beneath the underlating.	Holly G 646-387-1986	Morgan S	#58180	
Saturday	2:00PM - 3:05PM	Overeaters Anonymous in the Performing Arts	The Players Theatre 115 MacDougal St, 3rd floor. NYC 10012			Terence D (917) 594-1593		#53523	
Saturday	4:45PM - 6:00PM	Face-to-Face Hope Meeting	Church of the Holy Trinity, 341 East 87 Street (bt First & Second Ave) NY 10128. Gently Ring bell Marked Choir Room		Gently Ring bell Marked Choir Room	Cynthia F. 917-748-2927	Scott T	#07701	
Saturday	6:00PM - 7:30PM	Literature & Newcomer	St. Frances De Chantal Church 190 Hollywood Ave. Bronx, NY 10465	Bronx Intergroup #09150	Parish Meeting Room: Look for OA signs. Wheelchair accessible. Masks optional. Free parking.	Judith 917-312-4930		#33047	
Sunday** TIME - LOCATION CHANGE AS OF 7/19/26	11:15AM - 12:15PM	Recovery From Relapse	This meeting will meet at a new location beginning 7/19/26 through 10/5/26. The meeting will be temporarily located in Senaki Garden in the courtyard of Washington Square Village. There are entrances on Bleeker and West 3rd Street between Mercer Street and Laguardia Place. (Previously held at Players Theatre, 115 MacDougal St. New York NY 10012)	In person. Rain or shine.		Lauren P 630-532-3869	Becky J		
Sunday	12:30PM - 1:45PM	OA Steps & Traditions Meeting	All Angels Church 251 West 80 St.			Kurti 646-325-9884		#31463	
Sunday	4:00PM - 5:00PM	OA Literature Beginners Meeting	All Angels Church at 251 West 80th Street, NYC		Meeting is in the basement	Danny I. 917-504-4069			
Sunday	7:00PM - 8:15PM	Old Stone House Meeting	Old Stone House of Brooklyn, 336 Third Street, Brooklyn NY Between 4th and 5th Avenues				Alexander F	#21458	
RECENTLY CANCELED MEETINGS will remain listed below for 3 months after cancellation									
Wednesday	4-15PM-8-15PM	Brooklyn-McKinley-Darby Library	6502 Park Avenue Library (bt 68th St.) Brooklyn, NY 11226	Big Book	MEETING HAS BEEN CANCELLED AS OF JULY 2026 DUE TO LOW ATTENDANCE			#505229	
Sunday	8:00PM-9-00PM	OA Meeting at St. Catherine's Church on the Upper East Side	St. Catherine's of Sienna 411 East 68th St. (1st floor)		MEETING HAS BEEN CANCELLED AS OF JULY 2026			#50892	

ZOOM MEETING LIST

Day	Time	Meeting Name	Meeting Location	Zoom Meeting ID	Password	Meeting Notes	Intergroup Rep	Dial-In Number	Meeting Contact	Term of Service
Monday	7:15AM-8:30AM	DAILY MORNING MEETING	https://us02web.zoom.us/j/8080341562?pwd=QWlTcG9hbnRlUjYxZW50SjBIR2NlZjZ09	808 034 156	695747	One tap mobile: 16465588656, 8080341568 US (New York)	Lisa D. 781-583-8758	(301) 715 8592	Melinda G. 917-602-6464	8/28/2024
Monday	12:15PM - 1:15PM	Afternoon Meeting (formally at LGBT Center)	https://us02web.zoom.us/j/8936595847?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	893 659 5847	R4I2b1			(929) 436 2866	Stacey L	
Monday	6:00PM - 7:00PM	Harlem Step and Tradition Meeting	https://us02web.zoom.us/j/8562889517?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	856 288 9517	479796		Sharon 917-558-4677		Miriam M	
Monday	6:00PM - 7:00PM	6pm OA Big Book Meeting	https://us02web.zoom.us/j/8851463357?pwd=bXZlbnRlUjYxZW50SjBIR2NlZjZ09	885 2149 3357	bigbook		Lauren 516-524-2776	(929) 205-6099 / Dial in Passcode = 1165610		
Monday	7:15PM - 8:30PM	OA Sexuality Meeting for Women, Trans, and Non-Binary People	https://zoom.us/j/91424854984?pwd=T2xWbDZlUjYxZW50SjBIR2NlZjZ09	914 2485 4984	Acceptance			(646) 558-8656	Rachel M. 586-899-9492	
Monday	7:15PM - 8:30PM	Men's Meeting	https://us02web.zoom.us/j/8521329528	852 1329 528	OA			(646) 558-8656		
Tuesday	7:15AM - 8:30AM	DAILY MORNING MEETING	https://us02web.zoom.us/j/8080341562?pwd=QWlTcG9hbnRlUjYxZW50SjBIR2NlZjZ09	808 034 156	695747	One tap mobile: 16465588656, 8080341568 US (New York)	Lisa D. 781-583-8758	(301) 715 8592	Lisa D. 781-583-8758	8/28/2024
Tuesday	12:15PM - 1:15PM	Afternoon Meeting (formally at LGBT Center)	https://us02web.zoom.us/j/8936595847?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	893 659 5847	R4I2b1			(929) 436 2866		
Tuesday	6:30PM - 7:30PM	Sunnyside Commitment to Abstinence	https://us02web.zoom.us/j/56089708	585 089 708	668865				Millie	
Tuesday	6:30PM - 7:30PM	Tuesday Night Literature	https://us02web.zoom.us/j/8521329528?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	953 7087 7827	303248			646 558 8656		
Tuesday	7:00PM - 8:00PM	Big Book Study (Formerly called NYC OA Vision for U)	https://us02web.zoom.us/j/815107150167?pwd=bXZlbnRlUjYxZW50SjBIR2NlZjZ09	815 1071 5016	510540			(646) 558-8656		
Wednesday	7:15AM - 8:30AM	DAILY MORNING MEETING	https://us02web.zoom.us/j/8080341562?pwd=QWlTcG9hbnRlUjYxZW50SjBIR2NlZjZ09	808 034 156	695747	One tap mobile: 16465588656, 8080341568 US (New York)	Lisa D. 781-583-8758	(301) 715 8592	Melinda G. 917-602-6464	8/28/2024
Wednesday	12:15PM - 1:15PM	Afternoon Meeting (formerly at LGBT Center)	https://us02web.zoom.us/j/8936595847?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	893 659 5847	R4I2b1			(929) 436 2866	Stacey L	4/1/2023
Wednesday	6:30PM - 7:30PM	Anorexia/Bulimic Focus	https://us02web.zoom.us/j/8521329528?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	852 4392 2411	718733		Shoshana 646-573-7150	(929) 205-6099	Alicia	3/1/2023
Wednesday	7:30PM - 8:30PM	Learning from Relapse	https://us02web.zoom.us/j/84501328612?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	845 013 2801	075896		Warren 718-753-4884	(646) 931 3860	Sharon B	12/1/2023
Thursday	7:15AM - 8:30AM	DAILY MORNING MEETING	https://us02web.zoom.us/j/8080341562?pwd=QWlTcG9hbnRlUjYxZW50SjBIR2NlZjZ09	808 034 156	695747	One tap mobile: 16465588656, 8080341568 US (New York)	Lisa D. 781-583-8758	(301) 715 8592	Melinda G. 917-602-6464	8/28/2024
Thursday	12:15PM - 1:15PM	Afternoon Meeting (formally at LGBT Center)	https://us02web.zoom.us/j/8936595847?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	893 659 5847	R4I2b1			(929) 436 2866 [1]	Stacey L	4/1/2023
Thursday	12:30PM - 1:30PM	St Thomas Luncheon Big Book (phone meeting)	https://us02web.zoom.us/j/8268302687?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	463227	123			(978) 990-5000		
Thursday	6:15PM - 7:30PM	Eastside Meeting House at Moravian	https://us02web.zoom.us/j/842583643412?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	822 8830 2625	Moravian			(646) 558-8656 / Dial in Passcode = 5583776		
Thursday	6:30PM - 7:30PM	Third Step Literature Virtual Meeting	https://us02web.zoom.us/j/842583643412?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	842 5836 4341	963106		Malini K. 646-391-1056	(646) 558-8656	Abby R. 646-584-0516	8/2023
Thursday	6:30PM - 7:30PM	OA Cornerstone Meeting (Step Study)	https://us02web.zoom.us/j/892404629357?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	892 4046 2835	878973		Judy B. 646-321-9415	(929) 205-6099		
Thursday	6:30PM - 6:45PM	Greater NY Metro Intergroup Meeting Rep Orientation MONTHLY (2nd Thursday only at 6:30pm ET)	https://us02web.zoom.us/j/8401958572?pwd=ampCzWVlUjYxZW50SjBIR2NlZjZ09	840 8195 8572	803054			15 minute orientation for new intergroup meeting reps.	(646) 558-8656	
Thursday	6:45PM - 8:30PM	Greater NY Metro NY Intergroup Meeting MONTHLY (2nd Thursday only 6:45pm ET)	https://us02web.zoom.us/j/8401958572?pwd=ampCzWVlUjYxZW50SjBIR2NlZjZ09	840 8195 8572	803054			Our intergroup's monthly meeting. All are welcome to attend, and join meeting reps, committee members, and board members in supporting our meetings and OA as a whole.	(646) 558-8656	
Thursday	7:45PM - 9:00PM	Men's Body Image Focus	https://us02web.zoom.us/j/81435345867?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	814 3534 5867	bodyimage		Daniel: camenbodyimg agency@gmail.com	929-205-6099 / Dial in Passcode = 78627094		
Friday	7:15AM - 8:30AM	DAILY MORNING MEETING	https://us02web.zoom.us/j/8080341562?pwd=QWlTcG9hbnRlUjYxZW50SjBIR2NlZjZ09	808 034 156	695747	One tap mobile: 16465588656, 8080341568 US (New York)	Lisa D. 781-583-8758	(301) 715 8592	Melinda G. 917-602-6464	8/28/2024
Friday	12:15PM - 1:15PM	Afternoon Meeting (formally at LGBT Center)	https://us02web.zoom.us/j/8936595847?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	893 659 5847	R4I2b1			(929) 436 2866	Catherine H	
Friday	5:55PM - 12:00PM	West Side Winners	https://zoom.us/j/782194830	782 194 830	UWS25180		Kaya (917) 498-0141	(646) 558-8656, 782194830, 544582388 US	Jo M	9/30/2023
Saturday	7:15AM - 8:30AM	DAILY MORNING MEETING	https://us02web.zoom.us/j/8080341562?pwd=QWlTcG9hbnRlUjYxZW50SjBIR2NlZjZ09	808 034 156	695747	One tap mobile: 16465588656, 8080341568 US (New York)	Lisa D. 781-583-8758	(301) 715 8592	Melinda G. 917-602-6464	8/28/2024
Saturday	9:45AM - 11:00AM	Body Image (Brooklyn)	https://zoom.us/j/2686364487	989 836 449	567516			(929) 205-6099	Dee	3/31/2023
Saturday	10:30AM - 12:00PM	OA Back to Basics	https://us02web.zoom.us/j/860983864137?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	860 9838 6413	(updated) 409134		open meeting	646-558-8656	Stephanie T	
Saturday	11:00AM - 12:00PM	Plan 11	https://us02web.zoom.us/j/214118987?pwd=OXFLTG9hbnRlUjYxZW50SjBIR2NlZjZ09	211 461 898	109036		New WSO Meeting Number (since meeting is Online only) #800703	(646) 558-8656	Yvonne H	10/2023
Saturday	11:00AM - 12:15PM	First Unitarian Church (Brooklyn)	https://us02web.zoom.us/j/44090712612?pwd=bXZlbnRlUjYxZW50SjBIR2NlZjZ09	440 907 1261	1212			(929) 205 6099	Pachi M. 347-446-5171	11/2022
Saturday	2:00PM - 3:00PM	Performing Arts OA Meeting	https://zoom.us/j/774747887	774 747 098	64893			(301) 715 8592		

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ANONYMITY	ZOOM ETIQUETTE	7TH TRADITION
Recording	Muting	Suggested (but each meeting is autonomous so please vote)
If your meeting has opted to use someone's personal zoom account, please ask the owner to disable recording to protect anonymity.	Please MUTE yourself if you are not speaking by clicking on the microphone icon at the bottom left hand corner of your screen. If you are muted, the microphone will have a red line through it.	<i>"Now is the time for the seventh tradition. TMetro Intergroup is still serving our individual meeting groups during this pandemic and we still have expenses. While our ability to meet face to face is currently on hold, our responsibility to OA remains, so please continue to give as generously as you can. You can donate via Venmo @GreaterNYMetroIG or go to oanyc.org/contributions for a direct link to our PayPal account. Any amount is accepted and appreciated."</i>
How to Disable Recording (if you are the account owner)		
1. Log in to your zoom account		
2. Click your picture up in the top right corner to go to your profile	Raising Your Hand	
3. Click the blue "Settings" button on the left		
4. Click the "Recording" tab on top	If you would like to share, please use the "Raise Hand" zoom button, which can be found when you click Participants at the bottom of your screen. A little blue hand will appear next to your name in the chat window, indicating that you would like to share. Moderators, you will be able to see who has their hand raised (in the order of who raised first) in the participants window as well.	
5. Toggle the following OFF: Local Recording, Cloud Recording		
Passwords	Chat	
privacy settings to require ALL meetings have passwords. The passwords for all meetings utilizing the intergroup account have been published on the ZOOM MEETINGS tab. If a password is not listed, that means the meeting is hosted by someone's personal zoom account. We suggest that you reach out to that person for the password and ask them to post the password on the google doc ASAP so that nobody is left out of meetings. Lastly, please encourage your fellows to bookmark this google doc and check it often - Meeting IDs and passwords may change from week to week so always check the google doc before joining the meeting to verify you have the correct information.	To share your name/phone number for outreach, open the CHAT panel at the bottom of your screen. Please only use chat for meeting business and never during shares out of respect for the speaker.	
		
Zoom Display Name		
your display name to include your name and phone number.		
Tip: Some fellows have been putting their phone number after their name for easy outreach. Ex: <i>Katie M. 555-555-5555</i> or some people have been including where they're calling in from. Ex: <i>Katie M. 555-555-5555, NYC</i>		
Screenshots		
To protect our anonymity, please never take screenshots or screen captures in any meeting.		

[1] Every week on Sun, until Feb 20, 2022,
50 occurrence(s)