

Minutes for March 13, 2025 — Greater New York Metro InterGroup Meeting — WSO #09033

Call to Order @ 6:45PM and open with The Serenity Prayer.

Tradition Three Reading — Liz

"The only requirement for OA membership is a desire to stop eating compulsively".

Concept Three Reading — Andy

"The right of decision, based on trust, makes effective leadership possible".

Introductions —

Ed R., Co-Chair, Greater Rochester Intergroup and Convention Co-Chair shared info about the convection in the fall

Committee Reports —

- Treasurer's Report — Andy P
- 12 Step Within & Special Events — Diane T
- Retreat Committee — Millie S
 - Large discussion of holding a retreat close to the Region 6 Convention
- PIPO — Diane T gave the report
- Revitalizing In-Person Meetings — (no written report) Catherine spoke (112 responses to the survey, will continue to request responses. There is no date yet for closing it.

Pending Business

- 7th Tradition (Venmo: @Greater NYMetroIG)
- Executive Board Vacancy — Vice Chair AND Chair Vacancies — By-Laws, Publications/Web.

New Business

- February Minutes were approved by acclamation
- Begin to think about Nominations for the Executive Board and Chair Positions. Elections will be held in May.
- Debby R will read Tradition 4 and Jo M will read Concept 4.
- The next IG meeting will take place on **Thursday, April 10 at 6:45PM**. Orientation will begin at 6:30PM
- There was a discussion of Region 6's and the details about the number of reps

The OA Promise

"I put my hand in yours and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now reaching out our hands for power and strength greater than ours and as we join hands, we find love and understanding beyond our wildest dreams"

Respectfully submitted,
Liz D., Recording Secretary