

Greater New York Metro Intergroup Minutes — 3/9/23

The meeting was called to order at 6:48 PM by Rebecca, Vice-Chair.

Erin B spoke on Tradition 3. “The only requirement for OA membership is a desire to stop eating compulsively”. *Spiritual principle: Identity.*

Brenda V spoke on Concept 3: “The right of decision based on trust, makes effective leadership possible”. *Spiritual principle: Trust.*

1. Introductions
2. We do have a quorum to conduct business this evening.

Sarah made the following announcement: A new outreach Chair — Phil D, will join us at next month’s mtg and Erin B will be the new Welcoming Committee Chair.

Committee Reports:

Treasury Report — Put together by our Bookkeeper. There are plans for a finance committee meeting sometime this month. Stay tuned.

12 Step Within Committee — Millie, Chairperson. The Hot-Line: there are 4 volunteers and 1 Sub. All calls that come in get answered. We have received a total of 36 calls. There will be a Workshop on March 19th from 2PM - 3:30 entitled “Together We Can: A Recovery from Relapse”. It will be online on Zoom. 2 Speakers will be at the Workshop and 4 Sponsors will attend in case some attendees would like to hook up with a Sponsor. Literature will be sent to all attendees who request it.

Publications — Diane T, Chair — Contributions for the Metro Memo 2nd Quarter should be in by 3/15. Please and thank you!

Send them to **Diane T** at publications@oanyc.org. (914) 659-0192

Jeri S, Chairperson of the Special Events Committee — Reported on Unity Day. Overall, give or take, about 20 people attended. The next event will be on Saturday 4/1 at the Stepping Stones Museum. The Stepping Stones is the historic home of Bill & Lois Wilson (the Co-Founder of AA; and Lois is the Co Founder of Al-anon). Their home is in Katonah, NY.

Erin B — Chairperson of the Welcoming Committee — The goal is to make people a little bit more aware of things that they may not know about. There will be a mtg approximately every 6 weeks. Please reach out to Erin for more info.

Additionally, Erin B is also the Web Chairperson — She spoke about a donor box in order to collect donations. It will be placed prominently on the website. It may change the way that money is collected.

oanyc.org/donations is the place to look in order to contribute.

Jeri asked about the 7:15AM mtg which is an in-person mtg and asked if the IG would announce information concerning it. The 7:15AM Mtg currently is at St. Catherine’s Church. This will be discussed more when we bring in New Business.

Sean announced the 7th Tradition.

New Business:

Marlene asked that the minutes be approved and Becca seconded the motion.

Becca asked that the minutes be adopted by acclamation. There were no negative votes, so the minutes were adopted.

Becca discussed the Questionnaire about Face to Face Meetings and the Questionnaire that she put out regarding in-person meetings.

Would you like to attend in-person meetings? If so, where would they be? And, what time would be the most convenient for you?

A discussion ensued and we'll be discussing it once again at the next meeting.

Sarah asked whether there are any other new announcements?

12th Step Committee — A reminder about Together We Can: A Recovery from Relapse Workshop" — on March 19th (2PM - 3:30PM).

Special Events — Stepping Stones (steppingstones.org to register).

Nominations will be held in April for Board Members and Committee Chairs. We will be looking for a new Chair since Sarah will be rotating out-of-service.

Volunteers were requested to share on Tradition 4 at April's meeting — Liz D; and Concept 4 — Millie.

Google Voice Volunteers — to call back the Google Voice messages that are received on the Office line.

Typically, it's a two week commitment. Caitlin will do the first 1/2 of April; Brenda volunteers for the second half of April.

The OA Promise closed the meeting.

The meeting was adjourned at 8:09.

Respectfully Submitted,

Marlene A,

Recording Secretary