

Minutes of the Metro NY IG — 5/9/24

Liz called the mtg to order at 6:45PM and we said the Serenity Prayer.

Brenda spoke on Tradition 5 — “Each group has but one primary purpose — to carry its message to the compulsive overeater who still suffers”. Spiritual principle: Purpose

Andy shared on Concept 5 — “Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered.” Spiritual principle: Consideration.

Liz welcomed all of us to InterGroup & reminded us to listen carefully & please raise your hand if you have any questions &/or comments.

She stated that there is a quorum for Business.

Introductions were made and we moved on to Committee Reports:

Phil D — **PIPO & Outreach Chair** — West Side Spirit, Chelsea News and The Spirit website all have accepted our ads. We are paid & signed up for the Black Veg Fest which will take place on August 17, 2024.

Jeff S suggested a few other papers in Brooklyn where it would be possible to advertise. i.e. the Brooklyn Heights Press.

Publications — Diane T, Chair — The 3rd Quarter issue of Metro Memo is busily being worked on and it will be published on July 1. June 15 is the deadline for submissions for this issue. Please contact Diane T if you have any questions.

Brenda — **WebChair** — Discussed the form for the Speakers listed on OAnyc.org. If there are any questions please contact the her.

12 Step Within report (for Millie) was read by Liz — As of 5/5 there are 7 volunteers who will be of service until the end of June. The total communications on the Hotline numbered 57.

There will be another Relapse & Recovery Workshop to be held on 6/23/24 at 2PM. The Committee will meet on 5/14/24 at 7PM. Please contact Millie for further information &/or if you would like to become a member of this Committee.

There was a magnificent Clothing Swap on 4/14 — It was uplifting and had full participation by members.

Finance committee — Andy spoke on behalf of the Committee. Jeff S reported about Venmo and that there may be tax issues. Individuals who collect money on behalf of OA need to know whether or not the donations will be labeled for a “Business” or as a “Friend”. A discussion ensued btw Diana & Andy regarding these tax issues. For more information, please contact Andy.

The Seventh Tradition Break — Please donate via Venmo — @GreaterNYMetroIG

The March & April Minutes were shared in the Chat and were approved by acclamation. There were no objections.

New Business:

Finance Committee. Andy shared & explained the Budget. The financial year runs from

7/1 - 6/30. The projected income needs to be equal to the actual spending

Right now the total Income is \$45,375. And the expenses are \$45, 375. Many of the line items are staying the same as in the previous year.

We expect the Retreat to pay for itself although it does need money before it takes place. .

Please contact the Treasurer or Finance @ [oanyc.org](https://www.oanyc.org) if you have any questions.

Liz gave a HUGE shout out to the Committee Chairs regarding all the work that has been done over the past year. It is exciting to see all this new work.

Nominations for the 2024 - 2025 Term

N.B. The current term ends on June 30 and the new term begins on July 1, 2024. Sean read the qualifications for the Officers at IG. Under certain circumstances, it is possible for the last two qualifications to be waived. For more information on the qualifications necessary for these positions, please go to [OANYC.ORG](https://www.oanyc.org) and look under Metro InterGroup to check out the Bylaws.

We will go position by position:

(An asterisk (*) indicates that the position is vacant).

Chair — **Brenda V** seeing no objections, she is elected.

Vice Chair — **Marlene** nominated herself; (Andy doesn't have the required six months). The motion is accepted by acclamation and it does not need to be seconded.

* Treasurer — Andy was nominated but declined to accept.

Corresponding Secretary — Sean explained the tasks designated for this position including working on the Highlights Reel, Attendance Sheet as well as reaching out to the membership from time to time. **Andy** volunteered for this position. Motion was waived about the six month requirement. 10 Approved — 1 Abstention.

Recording Secretary — **Liz D** nominated herself for the position. The nomination was accepted by acclamation.

3 Year Trustee — **Becca** has one more year on her term.

1 Year Trustee — **Jody H** is currently nominated as well as **Diane T** There are two positions. Motion to combine the election of both was accepted.

By Law Committee — **Jeff S** has been nominated and would like to continue for another year.

OutReach Chair — **Phil D** is currently the Outreach Chair and would agree to run again unless there is anyone else who would like to do it.

* Publications Committee — **Diane T** is currently the Chair. She explained the duties of the Chairperson including publishing The Metro Memo and keeping the meeting schedule up to date on OAnyc.org.

Retreat Chair — **Millie** has been nominated. Motion to accept by acclamation. No objections.

Special Events — **Diane T** has been nominated and there are no other nominations

* 12 Step Within Committee —

* WebChair — Currently it is Brenda There is a WebMaster. Reach out to Brenda if you have any questions.

* Welcoming Committee — If you're curious about it, please reach out to find out more information

Region 6 Reps — **Scott, Marlene & Jeff** will remain in their positions for another year.

Volunteers were selected to read and share on Tradition 6 — **Lee B** will do this and Concept 6

Jo will handle this

The Google Voice Volunteers — **Brenda** and **Liz** volunteered for this.

The meeting closed with the OA Promise:

I put my hand in yours and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.

The next IG meeting will take place on Thursday, June 13, 2024 at 6:45PM.

The meeting was adjourned at 8:01PM.

Respectfully Submitted,
Marlene Arvan,
Recording Secretary