

IG Minutes — December 14, 2023

Liz called the mtg to order at 6:45PM.

Miriam shared on Step 12.

Diana G shared on Concept 12.

Introductions were made. There were 17 people attending and we have a Quorum to conduct business this evening.

Committee Reports:

Erin — Treasurer Report

Millie — 12 Step Within Committee — She is leading two teams — One is for the Hotline and the other is for the Recovery from Relapse Workshop. This is the 4th Workshop for this year to be held on December 17 from 2PM - 3:30PM.

The Hot Line number is **929 376 2662**. It is for anyone struggling to get or stay abstinent. There have been 70 Communications including 60 Calls & 2 Texts, all of which have been answered. And, the volunteers seem to be happy w/the service that they are doing.

On December 17, there will be 2 Tech people on board to help w/the Workshop. And, the Committee is thinking about doing another event — a clothing swap, perhaps? 2 Team members are looking into that possibility.

Brenda — Uploading flyers as needed.

Phil D— RE: Bus ads. Difficulty w/pricing. The side ads for 2 buses are a little more costly than originally discussed.

Additionally, the MTA has instigated a minimum purchase of \$5,000 for advertising. Therefore, we will not be able to follow through w/them.

We need to let Region 6 know about this new information.

Diane T — Publications. The next quarter publication has a submission deadline of tomorrow, December 15.

Meetings on line at IG — A request to all Representatives to please update your meeting info.

Scott was the Co-chair for the T-Day Marathon. Yay!! It was a beautiful event.

7th Tradition: Venmo: @GreaterNYMetroIG

November Minutes were approved by acclimation.

New Business

Scott and Geri will be organizing an In-Person Marathon on New Years Day. There will be 4 hourly mtgs. The first meeting will begin at 10AM and the last mtg will start at 1PM. The Marathon will take place at St. Catherine's Church — 411 East 68 Street btw First & York Avenues on the First floor.

Millie gave a shout out for the Relapse & Recovery Workshop on December 17. (See above for information).

There is a new IG Phone number: **929 376 2662** The old one will stay active for a while and the new one will be updated for the PIPO campaign. The number has already been updated on the IG website.

Metro IG is offering Rental Assistance. We will cover the cost of one month's rent for meetings that have returned to in-person and are experiencing financial hardship. If your mtg is held in a public venue and you would like to request assistance, please email office@oanyc.org and let us know what the monthly rent is.

Fun & Fellowship with the Westchester United IG — On December 31, the Westchester United Intergroup is hosting an in-person event from 12Noon - 2PM. The location is The Harvey School in Katonah, 260 Jay Street, Katonah, NY. The entrance is the Walker Center for the Arts.

The Danielson OA Group is hosting an in-person and Zoom event on January 13, 2024 from 1:00PM - 4:00PM. There will be Speakers, Books, Music, Fellowship AND a Workshop. The in-person mtg will be held at the Quinebaug River Church, 32 School Street, Jewett City/Griswold, CT. The Zoom Mtg ID is: 773 140 1935. The Passcode is 104473

New IG Reps are invited to come to the monthly IG mtg at 6:30PM for a brief orientation on the day of the mtg. In January, the IG mtg will be **January 11, 2024**. IG Mtgs are *a/ways* the second Thursday of the month. All Fellows are welcome whether or not they represent a meeting.

Lastly, we have a call to Service from the NYC Metro IG. There are various opportunities for service including the Vice Chair, the ByLaws Chair, the Special Events Chair, the Retreat Chair and the Archives Chair. All of these positions can be managed with as much time as you care to invest in Service and your own Recovery! You are invited to visit and join in with committee members and get acquainted with the service that is being performed

The qualifications for Officers at InterGroup are:

- A). One year of membership in Overeaters Anonymous.
- B). 6 months of current, continuous, direct participation in the activities of the Metro IG.
- C). 6 months of continuous recovery in OA as evidenced by Physical, Emotional & Spiritual recovery as a result of working the Twelve Steps.

Here is the Zoom information for the January 11 meeting:

<https://us02web.zoom.us/j/84081958572?pwd=ampCdkhWQURtelLOY2hxQm9YVytvUT> 09

Meeting ID: 840 81958572

Passcode: 803054

Phone: (646) 558-8656

Tradition 1 Reading — "Our common welfare should come first; personal recovery depends on OA Unity." — Millie

Concept 1 Reading — Brenda

Google Voice Volunteers — Jodie & Brenda

Jeff will continue to lead the Newcomers Orientation.

The OA Promise was read as a Group.

"I put my hand in yours and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams."

The meeting was adjourned, the time was not noted.