

## FINAL NYC Metro Intergroup Meeting Minutes | April 8, 2021

Sean calls the virtual meeting to order at 6:48 pm. Alyssa M. reads and reviews the 4th Tradition. Andy P. reads and reviews the 4th Concept. Reps are called on to introduce themselves.

There were:

- 31 Virtual Attendees at peak
- 29 Voting members
- 4 New members – Birdie, David H, Devon, Holly G
- 5 Board members

A quorum is established.

## Minutes

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Sean notifies Intergroup that we will vote on March minutes during New Business.

## Committee Reports

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- #1: Andy P. goes over the Finance Report (attached).
- #2: Erin B. gives the Retreat Committee Chair Report
- #3: Rebecca B. gives the Outreach Committee Chair Report (attached)
- #4: Jeri S. gives the 12<sup>th</sup> Step Within Committee Chair Report
- #5: Heather M. reads the Publication Committee Chair Report (attached)
- #6: Rebecca B. gives the Bylaws Committee Chair Report (attached)
- #7: JP reports for the Inventory Committee.

## Pending Business

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- #1: 7<sup>th</sup> Tradition is collected.

## New Business

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- #1: **Diana G. makes a motion to accept the March minutes. Jeff S. seconds the motion, March minutes are accepted.**
- #2: JP goes over the Intergroup Inventory Report.
- #3: Rebecca B. presents a draft amendment that would incorporate the Welcoming Committee as a standing committee into the Bylaws. This amendment will be voted on at the May meeting (attached).
- #4: Sean goes over qualifications for Metro Intergroup Officers and opens nominations.

**Nominations Chair – Sarah WB**

**Vice-Chair – Jeri S.**

**Treasurer –**

**Corresponding Secretary –**

**Recording Secretary –**

**3 Year Trustee – Debra, Rebecca B**

**1 Year Trustee (2) positions – JP, Mollie S, Diana G.**

- #5: Sean goes over qualifications for Committee Chairs and opens nominations.

**Nominations Retreat –**

**Special Events –**

**12th Step Within –**

**Publications –**

**Outreach –**

**Bylaws – Erin B**

**Web – Helen T.**

**Archives -**

#4: Julie S. agrees to share her chosen highlighted oa.org document at the May meeting.

#5: Jeff C. agrees to read and review 5th Tradition at the May meeting.

#6: Sean B agrees to read and review 5th Concept at the May meeting.

#7: Birdie and Dee W agree to be our Google Voice volunteers for May.

#8: Diana makes a motion to make the budget line item for the Welcoming Committee 1.5 x the amount spent in the current calendar year.

## Announcements

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#1: JP announces that there will be a raffle of the new Body Image books at the May meeting.

#2: Christina announces the daily 7:15 AM meeting will have a 1-year anniversary meeting 4/24/21 at 7:15 AM. The meeting will be followed by entertainment.

## Wrapping Up

Meeting closes at 8:30 pm with the OA pledge and the serenity prayer.

### **Committee Reports:**

Position	Person	Metro IG Email Address
Chair	Sean B.	<a href="mailto:Chair@oanyc.org">Chair@oanyc.org</a>
Vice Chair	Sarah W. B.	<a href="mailto:ViceChair@oanyc.org">ViceChair@oanyc.org</a>
Treasurer & Finance	Andy P.	<a href="mailto:Finance@oanyc.org">Finance@oanyc.org</a> <a href="mailto:Treasurer@oanyc.org">Treasurer@oanyc.org</a>
Corresponding Secretary	Rebecca B.	<a href="mailto:CorrespondingSecretary@oanyc.org">CorrespondingSecretary@oanyc.org</a>
Recording Secretary	Heather M.	<a href="mailto:RecordingSecretary@oanyc.org">RecordingSecretary@oanyc.org</a>
Archives Committee Chair	Jeff C.	<a href="mailto:Archives@oanyc.org">Archives@oanyc.org</a>
Bylaws Committee Chair	Rebecca B.	<a href="mailto:Bylaws@oanyc.org">Bylaws@oanyc.org</a>
Outreach Committee Chair	Jodi H.	<a href="mailto:Outreach@oanyc.org">Outreach@oanyc.org</a>
Publications Committee Chair	Hannah P.	<a href="mailto:Publications@oanyc.org">Publications@oanyc.org</a>
Retreat Committee Chair	Erin B.	<a href="mailto:Retreat@oanyc.org">Retreat@oanyc.org</a>
Special Events Committee Chair	Sasha H.	<a href="mailto:SpecialEvents@oanyc.org">SpecialEvents@oanyc.org</a>
12th Step Within Committee Chair	Jeri S.	<a href="mailto:TwelfthStepWithin@oanyc.org">TwelfthStepWithin@oanyc.org</a>
Web Committee Chair	Helen T.	<a href="mailto:WebCoordinator@oanyc.org">WebCoordinator@oanyc.org</a>
Welcoming Committee Chair	Sasha H.	<a href="mailto:Welcome@oanyc.org">Welcome@oanyc.org</a>
3 Year Trustee	Andy P.	<a href="mailto:ThreeYearTrustee@oanyc.org">ThreeYearTrustee@oanyc.org</a>
1-Year Trustee A:	Rebecca B	<a href="mailto:OneYearTrustee@oanyc.org">OneYearTrustee@oanyc.org</a>
1-Year Trustee B:	Alyssa M.	<a href="mailto:OneYearTrustee@oanyc.org">OneYearTrustee@oanyc.org</a>

<b>TREASURER'S REPORT</b>		<b>From:</b> <b>March 1, 2021</b>	<b>To:</b> <b>March 31, 2021</b>
<b>BEGINNING CHECKING ACCOUNT BALANCE</b>			
TD Bank Checking Account as of:	1-Mar-2021	\$	20,818.47
PayPal Account Balance as of:	1-Mar-2021	\$	2,971.95
Venmo Account Balance as of:	1-Mar-2021	\$	1,892.42
<b>Total Starting Balance:</b>		<b>\$</b>	<b>25,682.84</b>

<b>EXPENSES (Cleared)</b>	<b>BUDGET CATEGORY</b>	<b>AMOUNT</b>	
MailChimp Monthly Subscription List	Publications: Other	\$	22.85
Zoom Pro Hosting	Zoom	\$	66.55
PayPal Fees	PayPal Fees	\$	39.97
Google Ad Words	Outreach	\$	1,000.00
Tom Mayo, Webmaster (February & March)	Website	\$	200.00
WSBC Registration for 5 people	WSBC	\$	745.00
<b>Total Expenses</b>		<b>\$</b>	<b>2,074.37</b>

<b>INCOME (EXCLUDING MEETING DONATIONS)</b>	<b>BUDGET CATEGORY</b>	<b>AMOUNT</b>	
Mary MacDonald	Recurring Donations	\$	5.00
victoria corderi-keane	Recurring Donations	\$	20.00
Laura Faitt-Weller	Recurring Donations	\$	100.00
Erin Bigelow	Recurring Donations	\$	60.00
Laura Ann Wilson	Recurring Donations	\$	10.00
Erin Bigelow	Recurring Donations	\$	20.00
Deborah Kobernick	Recurring Donations	\$	25.00
R. Horowitz-Prisco	Recurring Donations	\$	5.00
Kimberly DiMondo	Recurring Donations	\$	10.00
Juan Villa	Recurring Donations	\$	20.00
Launch Lia LLC	Recurring Donations	\$	3.00
Ashlee Davis	Recurring Donations	\$	10.00
Frank Desiderio	Recurring Donations	\$	10.00
Michele Smith	Recurring Donations	\$	20.00
Marko Pervan	Recurring Donations	\$	30.00
Jane Kornbluth LCSW	Recurring Donations	\$	5.00
Virtual Retreat 12/12/20-12/13/20	Retreat	\$	15.00
<b>Total Income</b>		<b>\$</b>	<b>368.00</b>

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DONATIONS: Meeting Contributions	BUDGET CATEGORY	AMOUNT
Sunday 10AM Church of the Mediator	Meeting Donations	\$ 36.00
Thursday 12:15PM LGBTQ	Meeting Donations	\$ 60.00
248 Virtual Meeting Donations, Venmo*	Virtual Meetings	\$ 1,096.00
106 Virtual Meeting Donations, PayPal*	Virtual Meetings	\$ 758.00
<b>Total Meeting Donations</b>		\$ 1,950.00
<b>Total Income</b> (Contributions, Proceeds, Etc)		\$ <b>2,318.00</b>
<b>*Metro IG Retained Portion of the Virtual Donations (60%)</b>		\$ <b>1,112.40</b>

TD Checking Acct Balance per statement as of:	31-Mar-2021	\$ 25,634.07
PayPal Account Balance as of:	31-Mar-2021	\$ 188.98
Venmo Account Balance as of:	31-Mar-2021	\$ 103.42
<b>Total Ending Balance:</b>		\$ <b>25,926.47</b>



**Bylaws Committee Report/Rebecca B:** We will present the attached draft amendment that would incorporate the Welcoming Committee as a Standing Committee into the By-laws, consistent with other Committees.

**Publications Committee Report/Hannah P:** Publications sent out the story-based Metro Memo in March. We had a 31% open rate, which is a little higher than normal. We are also preparing the April Memo. We will send out the April Memo on Friday, April 9 and continue to create any blasts for special events. Want to share your experience, strength, and hope beyond the group level? Write for the Metro Memo!  
Email [publications@oanyc.org](mailto:publications@oanyc.org) with submissions or questions.

**Outreach Committee Report/Jodi H:** The Outreach Committee was awarded a \$1,000 scholarship from Region 6. The money will be used for the Google Ads campaign. Next steps:  
- Optimize the Google Ads Campaign.  
- Launch Lync Kiosk Ads  
- Next Committee Meeting is Wednesday April 28th at 5:00pm. Log in info is in the OA event calendar.  
The Outreach Committee is seeking someone who is knowledgeable about Website Ads and Analytics to do service. Please contact [outreach@oanyc.org](mailto:outreach@oanyc.org) if you are interested.

**Notice of Proposed Amendment**

**Dated March 27, 2021**

**FROM THE AD HOC WELCOMING COMMITTEE AND THE BYLAWS COMMITTEE:**

**Proposal:** We propose that the status of the Welcoming Committee be changed from an Ad Hoc Committee to a Standing Committee of the Intergroup. This change requires amendments to our ByLaws and Policies and Procedures.

**Reason:** The ad hoc Welcoming Committee was established to help carry out the OA Unity with Diversity Policy Statement so that we are truly welcoming all those who share our compulsion.

**Procedure:** We must give written Notice to the Recording Secretary and verbal notice to the IG Members at least 28 days before any vote. The Amendment requires 2/3 of the voting members who are present at the relevant IG Meeting. (Article XI – Amendments). We propose that this Amendment be voted on at the **May 2021 IG Meeting**.

**Proposed Amendments:** To make the Welcoming Committee a Standing Committee, we recommend these amendments to Bylaws and the Policies of Metro Intergroup.

1. Amend: Where lists of the Standing Committees appear in the Bylaws and the Policies, amend each list by adding “the Welcoming Committee.”

[These lists are in Bylaws: “Standing Committees” Article V Section 1 and in Policies and Procedures: Policy 003 “Standing Committees,” and Policy 032 “Committee Budgets.”]

2. Amend the existing “Duties of Standing Committees” Policy No. 003 to include a statement of the duties of the Welcoming Committee.

[The following text is our existing Policy No.003. the proposed change is in **red** at the end.]

**Duties of Standing Committees**

**POLICY**

The Standing Committees of Metro Intergroup shall be the By-Laws Review Committee, the Finance Committee, the Outreach Committee, the Publications Committee, the Retreat Committee, the Special Events Committee, the Twelfth Step Within Committee, and the Website Committee and the Welcoming Committee.

**PROCEDURE**

The By-Laws Review Committee shall periodically assess Metro Intergroup’s current By-Laws and Policies and Procedures, and when warranted submit recommendations for updating them, providing language and format to be submitted to the general body.

Any amendments to the By-laws and Policies and Procedures shall begin to be implemented immediately upon passage, unless otherwise noted, and are to be updated by the Recording Secretary in the By-laws and Policies and Procedures by the next month’s intergroup meeting following such passage. Obsolete policies may be rescinded or removed, where warranted, in accordance with the By- Laws and Policies and Procedures of Metro Intergroup. The most current By-laws and Policies and Procedures shall be posted on the intergroup website.

The Finance Committee is charged with preparing a proposed operating budget for Metro Intergroup and conducting a quarterly review of the financial transactions of the corporation.

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The Outreach Committee shall be concerned with Public Information, and outreach to the Professional Community, Institutions and Young People.

Public Information includes informing the public about the program of Overeaters Anonymous through the use of various public media of communication, and through other means as Metro Intergroup may determine.

Professional Community outreach includes informing health and other professionals about the program of Overeaters Anonymous and participation in health fairs and medical conferences.

Young People's outreach includes assisting in the publicity and operation of special Overeaters Anonymous meetings inclusive of or specifically for young people.

Subcommittees may be formed for any of the above categories as needed. The selection of projects for the year will be decided upon by the committee, based on volunteers and budget.

The Publications Committee shall oversee the publication of any literature produced by the Intergroup. This includes, but is not limited to, the newsletter and meeting list. The paper edition of the newsletter (Metro Memo) shall be a maximum of four (4) pages. If necessary to go beyond four pages, the editor can obtain approval of the Board of Directors. The Publications Committee is also charged with producing and distributing a list of local meetings of Overeaters Anonymous. This newsletter and

meeting list are to be published monthly and posted on the intergroup website. Any lists that include personal phone numbers or any financial information shall appear only in the paper edition of the Metro Memo; they shall not appear in the on-line edition. At least once a year a paper edition of the Metro Memo shall include a compilation of member groups' contributions to the Intergroup quarterly.

Additional pages to accommodate contributions for that issue do not require approval from the Board of Directors.

The Retreat Committee is charged with running weekend retreats.

The Special Events Committee is charged with coordinating events throughout the year, i.e. marathons, talent shows, workshops, etc.

The Twelfth Step Within Committee is charged with helping member groups establish programs designed to help those within the fellowship who are still suffering.

The Website Committee shall maintain and keep current an Intergroup website ([www.oanyc.org](http://www.oanyc.org)) which includes postings (with updates as warranted) of the following (but shall not be limited to): a) monthly Meeting Lists and meeting changes, b) monthly Metro Memo, c) OA Information for Newcomers, d) Metro Intergroup Bylaws and Policies and Procedures, e) notices of special events, retreats, Intergroup and committee meetings, f) contact information of the officers, trustees, and committee chairs, and g) links to the OA World Service and Region 6 websites and other relevant OA approved information and contacts.

On its website, [oanyc.org](http://oanyc.org). Greater NY Metro Intergroup will host recordings from its member meetings. Meetings who participate in this program will provide volunteers to the Website Committee to help manage the workload. Each recording must be accompanied by a release signed by its speaker. An appropriate disclaimer shall be posted with the recordings, as determined by the Web Committee and approved by the Board of Directors. A majority of the Board of Directors may vote to remove any recording.

**The Welcoming Committee is charged with supporting members to welcome all who desire to stop eating compulsively and encourages diversity of races, creeds, nationalities, religions or lack of religion, gender identities, sexual orientations, physical abilities and all other traits amongst our fellowship.**

Each Committee Chairperson shall attend regular meetings of the Corporation and shall communicate in writing monthly the activities of his/her Committee to the Corporation.