

MONDAY**Manhattan – Below 14th Street**1:00pm *Just for Today* LGBT Community Center (A) **V/Q**
208 W 13th St (bet 7th Ave & Greenwich Ave)6:30pm **New Time** *Conquering Relapse* St. Veronica's Ch **D**
149 Christopher St (bet Washington & Greenwich Sts)**Manhattan – 14th – 42nd Street**7:30am *Morning Miracles* Moravian Church **S**
154 Lexington Ave @ E 30th St4:15pm *East Side Meeting House* Moravian Church **BB**
(address above)6:00pm *East Side Meeting House* Moravian Church **S/Tr**
(address above) - Susanna Rm.6:00pm Hudson Guild Community Center 119 9th Ave (A) **B/Q**
(bet 17th & 18th Sts)7:15pm *Women's Sexuality* Hudson Guild Community Ctr **D/Q**
(address above) (A)7:15pm *The Men's Group* Hudson Guild Community Center **T**
(address above) – Library Room**Manhattan – 43rd – 60th Street**12:30pm St. Thomas Ch 1 W 53rd St @ 5th Ave (A) **S/OA&AA**
3rd Fl (In Parish House - across from NY Public Library)**Note: There will be no meeting on 1/15.****Manhattan – Above 61st Street (East Side)**7:15am *Relapse/Recovery* Jan Hus Presbyterian Church **D**
351 E 74th St (bet 1st & 2nd Aves)6:00pm Jan Hus Presbyterian Church (address above) **BB****Manhattan – Above 61st Street (West Side)**9:30am *Creativity Focus* Church of St. Paul & St. Andrew **Q/T**
263 W 86th St (bet Broadway & West End Ave)6:00pm West Side YMCA 5 W 63rd St – Map Room **S****Brooklyn**12:00pm Brooklyn Heights Syng 131 Remsen St – Library **S/Tr**1:00pm McKinley Park Library 6802 Ft Hamilton Pkwy **W/L/Tr**6:30pm **New Meeting!** *Abstinence in Grace* **W/L/Tr**
Realization Center 175 Remsen St, 2nd Floor
*Writing/Mediation Focus*Realization Center 175 Remsen St, 2nd Floor

Writing/Mediation Focus

Realization Center 175 Remsen St, 2nd Floor

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Writing/Mediation Focus

Realization Center 175 Remsen St, 2nd Floor

Writing/Mediation Focus

5:45pm St. Peter's Lutheran Church 619 Lexington Ave **T****
@ Citicorp Center – Enter South side of 54th St bet.
Lexington & 3rd Aves – Bottom Level**Manhattan – Above 61st Street (East Side)**7:15am *Promises* Jan Hus Presbyterian Church **BB**
351 E 74th St (bet 1st & 2nd Aves)4:30pm *Mayday! Mayday!* St. Stephen's of Hungary Church **B**
414 E 82nd St (bet 1st & York Aves) – Rectory (A)**Manhattan – Above 61st Street (West Side)**9:30am Church of St. Paul & St. Andrew 263 W 86th St **BB**
(bet Broadway & West End Ave)3:30pm All Angels Church 251 W 80th St **SOA**
(bet Broadway & West End Ave) Main entrance, up steps
*Tradition last Tuesday of Month*5:30pm *50+ (Experiencing Life Changes Abstinently)*Blessed Sacrament Church Rectory 152 W 71st St
(bet Columbus & Amsterdam Aves) – Blue Room, 1st Fl6:00pm **CLOSED TEMPORARILY** ~~*Abstinent & Sober*~~ **S****Queens**6:30pm *Sunnyside Commitment to Abstinence* **V**
Sunnyside Reformed Ch 48-03 Skillman Ave (Basement)

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WEDNESDAY**Manhattan – Below 14th Street**12:15pm *Just for Today* LGBT Community Center (A) **L****
208 W 13th St (bet 7th Ave & Greenwich Ave)

12:15pm St. Margaret's House 49 Fulton St – Rm. 4 (A)

Manhattan – 14th – 42nd Street7:30am *Morning Miracles* Moravian Church **BB**
154 Lexington Ave @ E 30th St6:00pm *East Side Meeting House* Moravian Church **BB****
(address above) – Susanna Rm.6:00pm *Body Image* Hudson Guild Community Center **Q/TF**
119 9th Ave (bet 17th & 18th Sts) (A)**Manhattan – 43rd – 60th Street**12:30pm *Promises* St. Thomas Ch 1 W 53rd St @ 5th Ave (A) **D**
3rd Fl (In Parish House - across from NY Public Library)6:00pm *Men's OA Meeting* St. Peter's Lutheran Church
619 Lexington Ave @ Citicorp Center - Enter on South
side of 54th St bet Lexington & 3rd Aves, Bottom Level**Manhattan – Above 61st Street (East Side)**7:15am Jan Hus Presbyterian Church **SOA/Tr**
351 E 74th St (bet 1st & 2nd Aves)6:30pm Jan Hus Presbyterian Church (address above) **Q/AB****Manhattan – Above 61st Street (West Side)**9:30am Church of St. Paul & St. Andrew 263 W 86th St **B**
(bet Broadway & West End Ave)6:00pm Morgan Stanley Children's Hosp of NY Presbyterian **S**
Broadway bet. 165th & 167th Sts (1-MacIntosh Conf Rm.
or 2-Hoyt Board Rm. or 3-Cafeteria)6:15pm Holy Trinity Church Central Park West @ 65th St **L**
Downstairs (Enter on 65th St – 2nd door, **not church**)
Follow posted instructions re: bell/knocking – no entry prior to
6:10pm**Brooklyn**

1:00pm McKinley Park Library 6802 Ft Hamilton Pkwy

6:30pm First Unitarian Church 50 Monroe Place **BB/BrB**8:00pm St. Athanasius Church @ The Nazareth Institute
6120 Bay Pkwy @ 62nd St - Through gates to the
rooms downstairs.**Queens**7:30pm **New Meeting!** *Astoria Step Study* St. Joseph's Ch **S**
43-19 30th Ave (enter on 43rd St) - the Piano Room**THURSDAY****Manhattan – Below 14th Street**12:15pm LGBT Community Center 208 W 13th St (A) **BB**
(bet 7th Ave & Greenwich)6:45pm CRS 123 4th Ave (bet E 12th & E 13th Sts) **V**
*Vegan/Vegetarian Focus***Manhattan – 14th – 42nd Street**7:30am Community Church 28 E 35th St **BB**
(bet Madison & Park Aves)6:15pm *Recovery & Exercise Issues* Hudson Guild (A) **Q/T**
Community Center 119 9th Ave (bet 17th & 18th Sts)6:15pm *East Side Meeting House* Moravian Church **B/Q**
154 Lexington Ave @ E 30th St – Susanna Rm.7:45pm Realization Center 19 Union Square West (A) **T/D**
(Corner of W 15th St) – 7th Floor**Manhattan – 43rd – 60th Street**12:30pm St. Thomas Church 1 W 53rd St @ 5th Ave (A) **BB**
(In Parish House - across from NY Public Library)**Manhattan – Above 61st Street (East Side)**7:15am Jan Hus Presbyterian Church 351 E 74th St **BB**
(bet 1st & 2nd Aves)6:00pm *Body Image Focus* Ramaz 125 E 85th St, 1st Fl (A) **T/Q****Manhattan – Above 61st Street (West Side)**9:30am Church of St. Paul & St. Andrew 263 W 86th St **L**
(bet Broadway & West End Ave)6:00pm *Double Winners* All Angels Ch 251 W 80th St **BB&BrB**
(bet Broadway & West End Ave) – Nursery6:30pm Cornerstone 178 Bennett Ave & 189th St**Brooklyn**12:00pm Brooklyn Heights Synagogue **BrB**
131 Remsen St – Library8:00pm *Fellowship of the Spirit* Brooklyn Free School
372 Clinton Ave (bet Lafayette & Greene Aves)*Lesbian/Gay/Bi/Trans Focus***FRIDAY****Manhattan – Below 14th Street**12:15pm LGBT Community Center 208 W 13th St (A) **S**
(bet 7th Ave & Greenwich)**Manhattan – 14th – 42nd Street**7:30am *Morning Miracles* Moravian Church **D**
154 Lexington Ave @ E 30th St7:00pm Realization Center 25 E 15th St – 7th Floor (A) **V/Q**
@ Union Square W **Note: No beverages except water.****Manhattan – 43rd – 60th Street**12:30pm St. Bartholomew's Church 325 Park Ave **D**
(bet 50th & 51st Sts)6:00pm *There is a Solution* Church of St. Mary the Virgin **BB**
133 W 46th St (bet 6th & 7th Aves)*Ring buzzer for the 2nd floor meeting room***Manhattan – Above 61st Street (East Side)**7:15am *Spirituality* Jan Hus Presbyterian Church **T**
351 E 74th St (bet 1st & 2nd Aves)6:00pm St. Jean Baptiste 184 E 76th St @ Lexington Ave **B****Manhattan – Above 61st Street (West Side)**9:30am Church of St. Paul & St. Andrew 263 W 86th St **S**
(bet Broadway & West End Ave)5:55pm *West Side Winners* All Angels Church **S**
251 W 80th St (bet Broadway & West End Ave)7:00pm *Speaker Meeting* West Side YMCA 5 W 63rd St **Q/TF**
(bet Broadway & Central Park West) - Fireside Rm.**Brooklyn**1:15pm Highlawn Library 1664 W 13th St **L**6:15pm *Brooklyn Heights* First Unitarian Church **S**
50 Monroe Place @ Pierrepont St**SATURDAY****Manhattan – Below 14th Street**9:35am *Skylight* St. Veronica's Church 149 Christopher St **B**
(bet Washington & Greenwich Sts)10:00am *Skylight* St. Veronica's Church (address above) **V**12:00pm *Read, Write & Share* – OA 12&12 & Workbook **L**
LGBT Community Center 208 W 13th St (A)
(bet 7th Ave & Greenwich Ave)6:00pm *Word of Mouth* LGBT Community Center **SOA/Tr**
(address above) (A)**Manhattan – 14th – 42nd Street**10:30am *Back to Basics* Realization Center (A) **V**
19 Union Square West (Corner of W 15th St) – 7th Floor11:30am *Experience, Strength & Hope* Realization Center **D**
(address above) **Meets Last Saturday of Month Only**
*Incest/Sexual Abuse Focus (A)***Manhattan – Above 61st Street (East Side)**9:00am *Relapse & Recovery* Jan Hus Presbyterian Ch **SAM**
351 E 74th St (bet 1st & 2nd Aves)11:00am *Park 11* St. Ignatius Loyola Church **B/Q**
980 Park Ave (bet 83rd & 84th Sts) – Parish House2:00pm *OA Step-by-Step* Park Ave Christian Church **SOA/Tr**
1010 Park Ave @ E 85th St – 2nd Floor4:45pm *Hope Group* Jan Hus Presbyterian Ch (see above) **Q****Manhattan – Above 61st Street (West Side)**9:30am Fourth Universalist Society 4 W 76th St **T**
@ Central Park W (Basement, entrance to Ideal School)**Brooklyn**10:00am *Brooklyn Heights* First Unitarian Church **B**
50 Monroe Place @ Pierrepont St11:00am *Brooklyn Heights* First Unitarian Church **Q****
(address above)

SUNDAY

Manhattan – Below 14th Street

- 11:15am *Recovery from Relapse* LGBT Community Center Q
208 W 13th St (bet 7th & Greenwich Aves) – Rm. 410 (A)
- 2:00pm *Meditate and Recover* LGBT Community Center (A)
(address above) – Rm. 110
- 5:00pm *Sex, Love and Abstinence* LGBT Community Ctr T**
(address above) (A)
- 7:00pm *Gay Transgender & Bi-Sexual Men's Group* D/V
LGBT Community Center (address above) (A)

Manhattan – 14th – 42nd Street

12:00pm ~~CLOSED TEMPORARILY - We Agnostics~~ T/D

Manhattan – Above 61st Street (East Side)

- 10:30am Gracie Square Hospital 420 E 76th St BB
(bet 1st & York Aves)
- 12:00pm Gracie Square Hospital (address above) S

Manhattan – Above 61st Street (West Side)

- 10:00am *Sunday Serenity (Promises)* The Jewish Center Q
131 W 86th St (bet Columbus & Amsterdam Aves) (A)
7th Floor, Drop-In Center – 1st/3rd/5th Sunday Meditation
- 12:00pm *Home Group* Holy Name Parish Rectory B
207 W 96th St & Broadway – Downstairs
- 1:15pm *Home Group* Holy Name Parish Rectory Q
(address above)
- 4:30pm Christ & St. Stephen's Church 120 W 69th St (A) B/AB
– Basement
- 6:00pm Christ & St. Stephen's Church (address above) AB

Brooklyn

- 10:30am Coney Island Hospital 2601 Ocean Pkwy L
– Outpatient Dept.
- 2:00pm *Road of Happy Destiny Big Book Study* BB
All Saints Episcopal Church 286-88 7th Ave @ 7th St
(Enter at red door past the gate on 7th Ave)
- 7:00pm Old Stone House 336 3rd St, 2nd Fl - JJ Byrnes Park, T
Park Slope (bet 4th & 5th Aves) - *During construction*
entrance will be on 4th Ave side of the Old Stone House.
- 7:30pm Maimonides Mental Health Center 950 49th St Q/V
Maimonides Hall - *Women's Focus*

Inwood/Riverdale/Bronx

- 10:00am **New Meeting!** Church of the Mediator 260 W 231st St
@ Kingsbridge Ave, Riverdale/Inwood
(Entrance is on 231st St behind the bus stop)

OUTER BOROUGH MEETINGS LISTED AS A COURTESY

The following meetings are non-Metro meetings on the Metro Intergroup meeting list; We take no position on the formats nor are we responsible for the accuracy of any information regarding all non-Metro meetings

BRONX (incl. City Island)

Monday

7:00pm St. Benedict's Church 1082 Edison Ave
(bet Bruckner Blvd & Otis Ave) – Knights of Columbus

Wednesday

- 9:30am Young Israel 147 Dreiser Loop – Lower Level (A) B
(Co-Op City) **Meets 1st & 3rd Wed of Month Only**
- 10:00am Young Israel (address above) – Lower Level (A) S/Tr
- 7:30pm Calvary Hospital 1740 Eastchester Rd (A) B/V

Friday

11:00am St. Clare's Church 1918 Paulding Ave B/L
(@ Neil Ave)

Saturday

- 11:00am Grace Church 116 City Island Ave OA HOW
- 6:00pm St Frances De Chantal Ch. 190 Hollywood Ave (A) B

Sunday

3:00pm St. Clare's Church 1918 Paulding Ave BB
(@ Neil Ave) – Downstairs

BROOKLYN

Tuesday

8:30pm Maimonides Mental Health Center 920 48th St
– 1st Floor, Rm. 1101 *Orthodox Jewish Men's Focus*

Friday

6:30pm Morning Dew Baptist Church 265 Nostrand Ave

QUEENS please go to www.queensoa.org for meeting info.

STATEN ISLAND

Monday

- 10:30am St. Andrews Church Arthur Kill Rd, Church Hall C/BB
- 7:00pm Staten Island University Hospital (South) C/D
375 Seguine Ave, 1st Floor Board Room

Tuesday

- 10:30am St. Andrew's Church Arthur Kill Rd, Church Hall
- 7:00pm Staten Island University Hospital (North) - S
Regina McGinn's Education Center 475 Seaview Ave

Wednesday

10:30am St. Andrew's Church Arthur Kill Rd, Church Hall C/S

Thursday

- 10:30am St. Andrew's Church Arthur Kill Rd, Church Hall C
- 7:30pm Church of St. Paul & St. Luke 186 Decker Ave C/S
(at Catherine Street) – Basement

Friday

10:30am St. Andrew's Church Arthur Kill Rd, Church Hall C

Saturday

11:00am Christ Lutheran Church 125 Cleveland Ave O/RF

Sunday

- 10:30am Staten Island University Hospital (South) O/RF
375 Seguine Ave, 1st Floor Board Room *Children Welcome

C-Closed/O-Open/D-Discussion/BB-Big Book/
RF-Rotating Format/S-Step (codes for SI only)

MONTHLY INTERGROUP MEETING

Held on the second Thursday of each month at

6:45 pm at:

TRS Professional Suites
44 East 32nd Street, 11th Floor)

6:15pm New Intergroup Representative Orientation
All OA members are welcome

To make meeting list changes or to register a new meeting go online to the World Service Website at www.oa.org, find link "Meetings". Contact Intergroup Office at office@oanyc.org or call 212-946-4599 for further assistance.

SEVENTH TRADITION - 60/30/10

OA is self-supporting through our own contributions. Make regular donations of your excess funds to the appropriate service bodies. The OA Group Handbook suggests sending 60% to the local Intergroup, 30% to the World Service Office (PO Box 44020, Rio Rancho, NM 87174-4020, www.oa.org) and 10% to Region Six (R6 Treasurer, PO Box 3073, Milford, CT 06460, www.oaregion6.org).



Intergroup Officers for July 2011 – June 2012

Chair	Sibel O.	202-302-4534	Chair@oanyc.org
Vice Chair	John O.	212-741-1751	Vicechair@oanyc.org
Treasurer	Devyn C.	312-927-3728	Treasurer@oanyc.org
Recording Secretary	Heid B.	917-232-5344	Recordingsecretary@oanyc.org
Corresp Secretary	Charlotte M.	212-228-2991	CorrespondingSecretary@oanyc.org

Please limit calls to officers to hours between 9:00am & 9:00 pm.

OA Office	Hilary M.	212-946-4599	Office@oanyc.org
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NO CHARGE FOR THIS LIST MAY BE MADE



Greater New York
Metro Intergroup
Of Overeaters Anonymous

Groups Registered as of FEBRUARY 2012

Overeaters Anonymous is a fellowship of individuals who, through shared experience, strength and hope are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organizations, political movement, ideology or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive overeating and to carry this message of recovery to those who still suffer.

NEW YORK CITY OA TELEPHONE LISTINGS

Bronx	(866) 841-9139 ext. 2229
Manhattan & Brooklyn (24 hr mtg info)	(212) 946-4599
Queens	(718) 225-4200
Staten Island	(718) 605-1393

OA MEETING FOCUS CODES

AB	Anorexic / Bulimic	B	Beginner
BB	Big Book	BrB	OA Brown Book
D	Discussion	Q	Qualification
L	Literature	SAA	Step (AA 12 & 12)
S	Step	SOA	Step (OA 12 & 12)
T	Topic	Tr	Tradition
W	Writing	TF	Teen Friendly
**	Closed Meeting	V	Varies
(A)	Wheelchair Accessible		

While some meetings have varying focuses, newcomers are welcome at all OA meetings and we encourage you to attend!

According to OA policy and tradition, all compulsive overeaters are welcome to attend any OA meeting, whatever the meeting's focus. Closed meetings (**) are limited to members of OA and those who think they may have a problem with food. Meetings designated as "Open to Public" have chosen to welcome people who are not compulsive overeaters (i.e., students, family and friends of members, members of the press, etc.). **Every compulsive overeater must be welcome** to any Overeaters Anonymous meeting regardless of whether he or she shares in the issues addressed as the meetings focus.